

Four Magic Moves And The Back to the Wall Drill

By John Lynch

Here is a drill that will instantly tell you whether you need to learn the [Four Magic Moves To Winning Golf](#).

If you swing the club too far to the inside during your backswing this drill will tell you. Most amateurs yank the club to the inside during the backswing putting the swing immediately off plane. The result is a golf swing that is too flat.

The Back To Wall Drill:

This drill will tell you if you have a overly flat swing. First and foremost, check your ball position and your distance to the ball at address, as this symptom is the most common cause of a shank. Remember guys; try to work on fixing your fundamentals first before using drills to fix your problems. I cannot stress this enough; most swing faults start with poor fundamentals.

Ok, now find a wall that you can set up too. Have your butt approximately six inches away from the wall (Don't do this drill using a nice wall or you may find yourself in the doghouse with your spouse). To take a full swing with the wall in the way your path will need to become more upright. Take slow swings to start, and work on getting to the top and back to the ball without hitting the wall. It should feel different, but all new movements do. Work on swinging slowly until you can make a full swing without making contact with the wall.

Master this drill until you can do it every time without hitting the wall...

Then go out and buy [Four Magic Moves To Winning Golf](#) and learn the early backward wrist break.

The early backward wrist break teaches you something pros never do - How to break the wrists during the back swing!

If you combine the Four Magic Moves with the "Back To The Wall Drill" you will have found the holy grail to great golf...

This I promise you!

Play well.

John Lynch

About the Author

John Lynch is owner of No. 1 Golf Book Reviews and has reviewed hundreds of golf instructional products. To read expert reviews on the Four Magic Moves To Winning Golf, John recommends you visit [FourMagicMovesReviews.com](#)

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